

# NovaQ10

## Cancer

Interest in coenzyme Q10 as a potential therapeutic agent in cancer was stimulated by an observational study that found that individuals with lung, pancreas, and especially breast cancer were more likely to have low plasma coenzyme Q10 levels than healthy controls (83). Although a few case reports and an uncontrolled trial suggest that coenzyme Q10 supplementation may be beneficial as an adjunct to conventional therapy for breast cancer (84), the lack of controlled clinical trials makes it impossible to determine the effects, if any, of coenzyme Q10 supplementation in cancer patients.